

Dr. Karissa D. Rasmussen



GLADSTONE CHIROPRACTIC  
SPINE & INJURY CENTER

Account \_\_\_\_\_

Name: \_\_\_\_\_

D.O.B.: \_\_\_\_\_

Date: \_\_\_\_\_

FOR OFFICE USE ONLY

**PLEASE PRINT**

Welcome! Thank you for choosing Gladstone Chiropractic as your health care provider. Our trained and caring staff is here to help you achieve maximum benefits from your chiropractic experience. Please allow our staff to photocopy your photo ID and all available insurance cards.

Patient: \_\_\_\_\_  
*Last First MI*

Male  Female

Address: \_\_\_\_\_

Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

\_\_\_\_\_  
*City State Zip*

Single  Married  Widowed  Divorced  Separated

Any Children?: \_\_\_\_\_ #: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Employer: \_\_\_\_\_

Occupation: \_\_\_\_\_ Years: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Phone #: \_\_\_\_\_

Contact number where we can leave a message: \_\_\_\_\_

Email address: \_\_\_\_\_

How did you hear about us: \_\_\_\_\_

Date of injury or onset \_\_\_\_\_

Describe the major complaints that brought you to the office: \_\_\_\_\_

**Background Questionnaire & Past History**

Please answer the following questions to help us complete your medical profile:

1. Do you have any medical allergies?  Yes (Please list below)  No

\_\_\_\_\_

2. Do you take any prescription or non-prescription medications?  Yes (Please list below)  No

\_\_\_\_\_

\_\_\_\_\_

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3. Please select one of the following options that most closely represents your smoking history:

- Never Smoker       Former Smoker       Current "some days" smoker       Current "every day" smoker

4. Please select your preferred language:

- English       Spanish       French       German       Chinese       Italian       Other: \_\_\_\_\_

**Family History:** Please circle if you or any immediate **family members** have had the following:

- |                     |          |                 |                   |
|---------------------|----------|-----------------|-------------------|
| Anesthesia problems | Diabetes | Hypertension    | Stroke            |
| Heart Attack        | Cancer   | Depression      | Arthritis         |
| Rheumatoid          | Gout     | Kidney disorder | Bleeding/clotting |
| Other _____         |          |                 |                   |

Have you suffered any physical injuries, such as falls or blows, automobile accidents, whiplash, concussion or head injury, lacerations, sprains, strains, dislocations, broken or cracked bones?       Yes       No

Please list car accident, work or other injuries that required treatment:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List any surgeries you have had (don't forget appendix, tonsils, ear tubes, wisdom teeth):

_____	Date: _____
_____	Date: _____
_____	Date: _____

Have you ever been hospitalized for any reason other than surgery?       Yes       No

Your diet is:       Balanced       Fair       Poor       Excessive       Restricted

Do you exercise on a regular basis?       Yes       No      Type \_\_\_\_\_

Do you smoke?       Yes       No      How Long? \_\_\_\_\_

Do you use?       Caffeine       Tobacco       Nicotine       Alcohol       Recreational Drugs

Please describe your work. (If retired, describe work prior to retirement)

Type:       Physical labor       Professional       Driver       Clerical       Factory       Homemaker

Physical Demands:       Heavy       Moderate       Mild       Sedentary

Stress Level:       High       Medium       Low

Signature of Patient (Signature of Responsible Party, if patient is a minor)

Date

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## CASE HISTORY QUESTIONNAIRE

**An understanding of your health history will help us to determine appropriate care.**

Please answer the questions below concerning your health history. Be sure to list all conditions or symptoms, both past and present.

**Do you have the following:**

*Circle all that apply*

**COMMENTS**

- Weight gain/loss, fatigue, insomnia? \_\_\_\_\_
- Glasses/contacts, cataracts, glaucoma? \_\_\_\_\_
- Sinus trouble, hearing loss, ringing? \_\_\_\_\_
- Irregular heartbeat, high blood pressure? \_\_\_\_\_
- Chest pain, fluttering in chest, coronary artery disease? \_\_\_\_\_
- Shortness of breath, lung disease, persistent cough? \_\_\_\_\_
- Decreased appetite, constipation, heartburn? \_\_\_\_\_
- Nausea, diarrhea, hepatitis A, B, C? \_\_\_\_\_
- Arthritis, fibromyalgia or osteoporosis? \_\_\_\_\_
- Kidney stones, bladder or kidney infections? \_\_\_\_\_
- Prostate problems? \_\_\_\_\_
- Skin masses, blisters, dermatitis, eczema, psoriasis? \_\_\_\_\_
- Problems with swallowing? \_\_\_\_\_
- Seizures, tingling, numbness, severe headaches? \_\_\_\_\_
- Anxiety, depression, other? \_\_\_\_\_
- Increased thirst, diabetes, thyroid problems? \_\_\_\_\_
- Bleeding or clotting problems? \_\_\_\_\_
- Anemia, swollen or enlarged lymph nodes? \_\_\_\_\_
- Hay fever, lupus or HIV/AIDS? \_\_\_\_\_

**Females:**

- Is there any chance that you might be pregnant?  Yes  No  
*(If you are pregnant or there is a possibility that you are please Notify the X-Ray Technician)*
- Menstrual problems?  Have Now  Yes  No
- Take birth control pills?  Have Now  Yes  No
- Breast problems?  Have Now  Yes  No

Signature of Patient (Signature of Responsible Party, if patient is a minor)

Date

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**Designation of Authorized Representative**

I, \_\_\_\_\_, do hereby designate Karissa D. Rasmussen, D.C. of Gladstone Chiropractic (hereafter referred to as “my doctor”), to the full extent permissible under the Employee Retirement Income Security Act of 1974 (“ERISA”) and as provided in 29 CFR 2560-503-1(b)4 to act on my behalf to pursue claims and exercise all rights connected with my employee health care benefit plan, with respect to any medical or other health care expense(s) incurred as a result of the services I receive from the above named doctor. These rights include the right to act on my behalf with respect to initial determinations of claims, to pursue appeals of benefit determinations under the plan, to obtain records, and to claim on my behalf such medical or other health care service benefits, insurance or health care benefit plan reimbursement and to pursue any other applicable remedies, all in connection with medical or other health care expense(s) as the result of the services I received from my doctor.

\_\_\_\_\_  
Signature of Patient (Signature of Responsible Party, if patient is a minor)

\_\_\_\_\_  
Date

Dr. Karissa D. Rasmussen



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**GLADSTONE CHIROPRACTIC INFORMED CONSENT TO TREAT**

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy and diagnostic x-rays and/or other tests on me (or on the patient named below, for whom I am legally responsible) by Dr. Karissa D. Rasmussen and/or other licensed doctors of chiropractic who now or in the future treat me while employed by, working or associated with or serving as back-up for Dr. Karissa D. Rasmussen, including those working at the clinic or office listed or any other office or clinic.

I have had an opportunity to discuss with Dr. Karissa D. Rasmussen and/or with other office or clinic personnel the nature and purpose of chiropractic adjustments and procedures. I understand that results are not guaranteed.

I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment, including, but not limited to, fractures, disc injuries, strokes, dislocations, falls, dizziness, headaches, burns with modalities and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known, and is in my best interests.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

\_\_\_\_\_  
Signature of Patient (Signature of Responsible Party, if patient is a minor)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness (Documenting Employee)

\_\_\_\_\_  
Date

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Date: \_\_\_\_\_

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**Insurance Payment Policies/Fee Disclosure**

Code	Procedure	Fee
99201	Brief History/Exam	\$100.00
99202	Initial History/Exam	\$170.00
99203	Detailed History/Exam	\$220.00
99213	Re-evaluation History/Exam	\$150.00
99214	Detailed Re-evaluation History/Exam	\$230.00
98940	1-2 Level Chiropractic Treatment	\$50.00
98941	3-4 Level Chiropractic Treatment	\$60.00
72040	Basic Neck X-rays	\$105.00
72100	Basic Back X-rays	\$105.00
97012	Traction	\$35.00
97110	Therapeutic Exercises	\$30.00
97140	Manual Therapy	\$45.00

**\*All appointments are subject to a \$25 fee, if not cancelled or rescheduled two hours prior to appointment time.\***

- We will attempt to verify your insurance coverage. You are personally responsible for all services received and consent to being billed for non-covered charges.\* Possible reasons for non-coverage:
  1. The service is or may be deemed investigational or experimental under the carrier's internal guidelines.
  2. The service is considered, or may be deemed, not medically necessary under the carrier's internal care or cost management guidelines.
  3. The service is not or may not be actually covered under the plan to which the above patient is subscribed.
  4. The service is not or may be deemed as not provided in accordance with the Provider's Agreement with the carrier or other requirements of the carrier's or managed care entity's internal guidelines.  
**The carrier authorizes the provider to charge the patient for the above services so long as this disclosure is made and signed by the patient prior to the services being provided.**
- If the doctor is a contracted provider for your health plan you are responsible for co-payments at the time of service.
- You authorize our office to release all information necessary to secure benefits. You authorize the use of your signature on any insurance submissions.
- If you have a balance for services, you agree to make a minimum payment of \$50 per month or 20%, whichever is greater unless other arrangements are made with our office. **Interest on accounts 60 days past due will be charged a setup fee of \$4.00 plus interest at the rate of 12% annually.**

Continued on next page

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- If the doctor is treating you under a lien for injuries sustained in an auto collision, there is an annual \$75 administrative fee added to the account in lieu of interest. Regardless of the outcome of the case, all bills will be paid at 100% of the fee schedule.
- We accept cash, checks, debit cards, Visa, MasterCard, American Express, and Discover.

Cash Payment Policies / Fee Disclosure

Fees quoted on request

All fees are payable at Time of Service unless prior arrangements have been authorized.

**I have read and fully understand the above financial terms and prices.**

**Patient Financial Responsibility\*:**

The undersigned patient acknowledges that the Non-Covered status of the proposed service(s) has been explained, and that a certain portion of the patient's care may not be covered by or has not been authorized by the patient's insurance plan. The undersigned acknowledges that if any portion of the care provided is not, or may not be, covered by insurance, then the undersigned shall be responsible for payment, and shall make the necessary financial arrangements with the healthcare provider to pay for these services.

Insurance Plan: \_\_\_\_\_

\_\_\_\_\_  
Signature of Patient (Signature of Responsible Party, if patient is a minor)

\_\_\_\_\_  
Date

**\* Please note that insurance companies do not guarantee the accuracy of the information they provide to us. You may wish to verify the coverage yourself by calling the number listed on your card.**

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**PLEASE PRINT  
ACKNOWLEDGMENT OF NOTICE OF PRIVACY  
PRACTICES**

Account \_\_\_\_\_  
Name: \_\_\_\_\_  
D.O.B.: \_\_\_\_\_  
Date: \_\_\_\_\_

FOR OFFICE USE ONLY

We must make a good faith effort to obtain a written acknowledgment that we have offered you a copy of our Notice of Privacy Practices no later than the date of first service delivery. If we are unable to obtain your acknowledgment, we must document why.

If there is an emergency, providing our Notice of Privacy Practices may be delayed until reasonably practicable after the emergency situation is resolved.

General referral information & spousal/family information may be shared without compromising the integrity of the patient-doctor privilege, unless specifically requested.

**Can we leave messages on an answering machine or voicemail?** Yes \_\_\_ No \_\_\_

**Can we leave messages with anyone?** Please list whom we can leave a message with below:

Exceptions: \_\_\_\_\_

**Appointment Reminders & Events:**

Our office periodically sends out appointment reminders and event announcements.

I do NOT wish to participate in this program. \_\_\_\_\_ (Initial)

**PATIENT'S WRITTEN ACKNOWLEDGMENT**

**I understand a copy of the Notice of Privacy Practices is available for review at any time:**

\_\_\_\_\_  
Signature of Patient (Signature of Responsible Party, if patient is a minor)

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

Name of Documenting Employee: \_\_\_\_\_